Bestselling author of Extortioner, Let Go Emotional Bonding & Break Free Karmic Bonds.

**The Fated Journey: A Tale of Destiny and Adventure**

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**Jose Heavena Fernando**

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**Prologue**

Damon arrives to meet Haley and Parera. Dates are chosen for their wedding.

He asks her, Do you like me?

She says, "Yes".

Haley is a passionate and creative person who has a deep love for creating unique and mesmerizing scents. She has a keen attention to detail and is constantly experimenting with new blends. She takes great pride in her work and is always striving to create the perfect fragrance. Despite her focus on her career, Haley is kind-hearted and caring towards others. Damon, on the other hand, is a wealthy and charming playboy who has a reputation for being a ladies' man.

What holds Haley in her upcoming future?

**Chapter 1: When They Meet**

Haley is a passionate and creative person who has a deep love for creating unique and mesmerizing scents. She has a keen attention to detail and is constantly experimenting with new blends. She takes great pride in her work and is always striving to create the perfect fragrance. Despite her focus on her career, Haley is kind-hearted and caring towards others.

Haley, on the other sense of smell and a meticulous attention to detail, which makes her an excellent perfume maker. Haley is also a hopeless romantic who dreams of finding true love and being swept off her feet. She takes a lot of pride in her work and wants nothing but the best for her clients.

Damon, on the other hand, is a wealthy and charming playboy who has a reputation for being a ladies' man. He's the kind of guy who can hook up with a woman one night and be on to the next one the next night. Damon has never taken love seriously, and he's not interested in settling down anytime soon. He's only interested in having fun and living life to the fullest.

When Haley and Damon first meet at the wedding, they're initially put off by each other. Haley disapproves of Damon's cavalier attitude towards love and relationships, while Damon thinks Haley is too serious and uptight. However, as they begin to spend more time together, they realize that they have more in common than they thought.

Haley shows Damon the beauty and passion that can be found in creating something that speaks to people's hearts, while Damon helps Haley loosen up and enjoy life a little more. In the end, they both discover that love can come from unexpected places, and they end up falling for each other despite their differences.

During her visit to South Korea, Haley gets to showcase her new line of perfumes to an enthusiastic audience. She's thrilled with the response, but also a bit homesick. She misses Damon and the wedding planning, but she's glad that her mom is with her for support.

Meanwhile, Damon is getting everything ready for the wedding back home. He's not used to being so involved in the wedding planning process, but he wants to make sure everything is perfect for Haley. Damon spends countless hours sorting out the details like the flowers, music and menu for the reception. He consults with Haley's family and his own family to make sure their traditions are incorporated in the wedding ceremony.

As the wedding day draws closer, Haley returns from her trip and is blown away by how much has been selection, and even the seating arrangements. He takes great care in making sure that all of Haley's preferences are taken into account, and he wants their wedding day to be a reflection of their love for each other.

As the wedding date draws nearer, both Haley and Damon can feel the excitement building. They can't wait to start their new life together and exchange vows in front of their loved ones. Haley finishes up her business in South Korea and returns home just in time for the final preparations.

On the day of the wedding, the sun is shining bright and there's a light breeze in the air. Haley looks stunning in her wedding gown, and Damon can't take his eyes off her. As they exchange their vows, both of them feel overwhelmed with happiness and love.

The wedding celebration is a huge success, with friends and family coming together to celebrate the union of Haley and Damon. It's the start of a new chapter in their lives, and they're both looking forward to the adventures that await them as husband and wife.

It was Haley and Damon's wedding night, the sun had set, and the moon was high in the sky.

The reception was over, and everyone had left the venue. As they walked through the door of their honeymoon suite, Haley felt a nervous excitement rising in her chest. She had dreamed of this night for years, and now it was finally here.

Damon opened the door and held out his hand, gesturing for her to enter first. Haley stepped inside and took in the romantic setting - rose petals scattered across the floor, dimmed lights casting a warm glow around the room, a king-size bed with silky sheets and fluffy pillows.

Haley turned around to face Damon, expecting him to sweep her off her feet and into a passionate embrace. But instead, he just looked at her with an indifferent expression.

"Is there something wrong?" Haley asked, her heart beginning to race with worry.

Damon let out a small chuckle. "Relax, Haley. We're married now, there's nothing to worry about."

Haley felt a pang of disappointment and confusion. She had always thought that Damon was the perfect man for her - handsome, charming, and thoughtful. But now, it seemed like he was all talk and no action.

As the night wore on, she found herself restless and unsatisfied. Damon seemed more interested in talking about himself and his exploits than in being with her. He boasted about the women he had been with, the parties he had attended, and the business deals he had struck.

Haley tried to stay engaged in the conversation, but her mind kept wandering. She couldn't help but wonder if she had made a mistake by marrying Damon. Was this really the life she wanted for herself, constantly chasing after a man who was more interested in his own pleasure than in her happiness?

By the time the night came to an end, Haley was exhausted and emotionally drained. As she lay in bed beside Damon, she realized that she barely knew the man she had married. He was a playboy, a carefree player who lived for the thrill of the moment. And she didn't know if she could handle that kind of life.

As the first rays of dawn began to peek through the window, Haley made a decision. She wasn't going to let Damon's playboy ways bring her down. She was going to be her own person and live her own life, even if that meant walking away from him.

And with that thought, she closed her eyes and fell into a deep, dreamless sleep.

**Chapter 2: Heart Broken**

Haley woke up early the next morning, feeling a sense of unease that had been gnawing at her since the reception the night before. She sat up in bed and looked over at Damon, who was still asleep beside her. But then she saw it - a text message on his phone screen from a girl named Lisa.

Haley's heart sank as she read the text. It was clear that Damon had cheated on her with Lisa, and that this was not the first time. Despite her suspicions, it was still hard to see the evidence in front of her. She felt a mixture of anger, betrayal, and grief all at once.

She quietly got out of the bed and walked out of the room, trying not to wake Damon. As she closed the door behind her, she ran to her car and drove away, tears streaming down her face.

Haley spent the next few days in a daze, not knowing what to do. She didn't want to confront Damon and have a drawn-out argument, but she also didn't want to just accept his cheating and continue living her life in unhappiness.

Eventually, she decided to talk to Damon and get some answers. When she confronted him, he didn't seem surprised that she knew about Lisa. He tried to justify his actions, saying that he wasn't ready to settle down and that he wanted to live a carefree life. But Haley couldn't accept that as an excuse for his infidelity.

After hours of talking and arguing, Haley made the difficult decision to end their marriage. She knew that it was going to be hard to start over on her own, but she also knew that it was the best thing for her in the long run.

As she walked away from Damon for the last time, Haley felt a sense of relief and freedom. She knew that she could now focus on herself and build the life she had always wanted. She didn't need a man like Damon to make her happy.

When Haley arrived at her mom's house, tears were streaming down her face. Her mom opened the door and wrapped her in a tight embrace. ""What happened, honey?" her mom asked. Haley's voice shook as she opened up about her failing marriage and the constant fighting and lying that had brought them to this point.

Her mom listened patiently and held her as she cried. "I'm so sorry, sweetie," she said. "But you're strong, and you'll get through this. You don't need Damon to be happy. You have so much to offer the world, and you deserve someone who will appreciate and love you for who you are."

Haley took her mom's words to heart and decided to stay with her for a few days to regroup. She spent her first day there crying, sleeping, and binge-watching her favorite TV show. But the next day, she woke up with a renewed sense of purpose.

Haley spent the next few days journaling, meditating, and reflecting on her life. She realized that she had lost sight of her dreams and passions during her marriage, and made a list of all the things she had always wanted to do. Some of them were small, like trying new recipes or taking dance classes, while others were bigger, like going back to school or traveling abroad.

With her mom's encouragement, Haley started taking small steps towards her goals. She signed up for a cooking class and started volunteering at a local animal shelter. She also started seeing a therapist to help her work through her feelings and gain clarity on her values and desires.

As the days turned into weeks and the weeks turned into months, Haley started to feel like herself again. She was rediscovering who she was and what she wanted out of life. She realized that leaving Damon was the best decision she ever made, and she was excited for all the possibilities that the future held.

Mia saw the newfound confidence and joy in her daughter's eyes. She hugged Haley tightly, proud of the progress she had made.

"I'm so proud of you, Haley," her mom said. "You've been through so much, and yet you're still standing strong. Remember, you're capable of achieving anything you set your mind to. Don't let anyone make you feel otherwise."

Haley smoked at her mom, feeling grateful for her kind words. "Thank you, Mom," she said. "I couldn't have done it without your support and encouragement."

Her mom hugged her tightly and said, "Anytime, sweetheart. I'm always here for you."

As Haley prepared to leave, her mom handed her a small book. "This is for you," she said. "I've compiled some of my favorite quotes and affirmations that have helped me through tough times. I hope they can help you too."

Haley took the book, feeling touched by her mom's gesture. She flipped through the pages and found a quote that stuck out to her: "You don't have to be perfect to be amazing."

Haley knew that she had a long road ahead of her, but in that moment, she felt a sense of hope and possibility. She hugged her mom one last time before stepping out into the bright sunshine. As she walked to her car, she smiled to herself, knowing that she was heading towards a brighter future.

As Haley drove home, she kept thinking about her mom's advice to continue her perfume business. She had put her passion on hold for too long, and her mom's words ignited a flame inside her to pursue it again. She had always loved mixing scents and creating new fragrances, but she put it aside after getting married to Damon.

Now, as she parked her car in the garage, she couldn't shake off the feeling of excitement and enthusiasm that washed over her. She made up her mind to pursue her passion for perfume-making and turn it into a successful business.

**Chapter 3: Her Passion**

The next day, Haley woke up with a renewed sense of purpose. She spent the day researching and planning her perfume line. She made a list of the materials she needed and began drafting a business plan.

Throughout the week, she spent hours experimenting with different scents and notes. She carefully blended oils and fragrances to create unique compositions that merged beautifully.

As the days passed, Haley's passion grew and so did her confidence. With her mom's help and guidance, she started her own online perfume store, and the response was overwhelming. In no time, she was receiving orders from all over the country.

Haley's perfume line grew and evolved, and she started collaborating with other artisans and suppliers to expand her range. Within a year, she had created a reputation for herself as a talented and promising entrepreneur in the perfume industry.

Looking back, Haley realized that everything happens for a reason. Her failed marriage had given her the courage to pursue her passion and turn it into a successful venture. She felt grateful for her supportive mom and the lessons that life had taught her.

Haley had learned that sometimes, the most profound happiness comes from pursuing what your heart desires. And she knew that with dedication and hard work, anything was possible.

At the launch event in South Korea, Haley and her business partner Mia were finally able to see the fruits of their labor. They had poured their hearts into their perfume line, Meliora, and it had paid off. The event was a huge success, and the attendees couldn't get enough of the unique fragrances Haley had created.

As they mingled with the guests, a well-dressedman approached Haley and Mia. He introduced himself as Lewis, the owner of Katsuya Company, a well-known luxury perfume brand based in South Korea. He expressed his interest in Haley's perfume line and wanted to know more about her business.

Haley was thrilled to meet someone who had such a wealth of knowledge in the perfume industry. Over the next few days, Lewis and Haley talked about their shared passion for fragrances. They discussed the latest trends in perfume making, the most sought-after ingredients, and everything in between.

As they talked, Lewis realized that Haley's passion and dedication for her craft matched his own. He was impressed with her creativity and the success she had already achieved in such a short period. He could see the potential for a valuable partnership between their companies.

After a week, Haley, Mia, and Lewis parted ways, but they kept in touch. They exchanged emails and phone calls, talking about the possibility of working together.

A few months later, Haley received an invitation from Lewis to visit his company in South Korea. She was excited to explore the opportunities that this partnership could bring and see the Katsuya Company's operations firsthand.

The moment she arrived, Lewis welcomed her with open arms. He took her on a tour of the facilities, showing her the intricate process of perfume-making and introducing her to his team.

Over the next few weeks, Haley worked closely with Lewis and his team to create a new perfume line that merged both their talents. The collaboration resulted in a unique and sophisticated fragrance that surpassed both their expectations. They named it Euphoria.

**Chapter 4: Katsuya**

With the help of Katsuya Company, Haley introduced Euphoria to the global market, and it became an instant success. The partnership between the two companies had not only created a beautiful fragrance but had also opened new doors and opportunities for both businesses.

Haley knew that if she hadn't taken the leap of faith and followed her passion for perfume-making, she never would have met Lewis and embarked on a partnership that would change her life forever.

Katherine, a long-time employee at Katsuya, harbored jealousy towards Haley for the success of the Euphoria line. She felt that her hard work and contributions to the company were overlooked and that Haley had taken credit for her ideas.

Katherine couldn't help but compare herself to Haley, constantly feeling threatened by her presence in the company. She resented the attention that Haley had received and felt like her own achievements were being overshadowed. She began to feel jealous of Haley and the success she had achieved.

One day, Katherine confronted Lewis about her concerns. She expressed her frustration about feeling undervalued and overlooked in the company. Lewis listened patiently and assured her that he appreciated all of her hard work and contributions.

He also reminded Katherine that he had given her the opportunity to work on several important projects for the company and that he valued her input and expertise. However, he also pointed out that Haley had been instrumental in the success of their recent collaboration, and that her contributions were not to be overlooked.

Lewis reminded Katherine that there was room for everyone to succeed in the company, and that she should focus on her own achievements rather than comparing herself to others. He encouraged her to continue to work hard and to bring her own unique perspective and ideas to the table.

After her conversation with Lewis, Katherine realized that her jealousy of Haley had been unfounded. She acknowledged Haley's accomplishments and hard work, and shifted her focus back to her own achievements in the company.

From that day on, Katherine and Haley were able to work together as colleagues and respect each other's talents and contributions. They even collaborated on a few projects together, combining their skills and expertise to create a successful outcome.

In the end, Katherine learned an important lesson about the dangers of comparison and jealousy, and how it can lead to negative consequences in both personal and professional relationships. She also learned to appreciate her own accomplishments and to focus on her own path to success.

**Chapter 5: Werewolf Attack**

One day Haley takes the forest route to reach her home. But a werewolf attacks her on her way home. Haley, shocked and frightened, stumbled backward and fell on the wet ground. Her heart was pounding in her chest. She looked up and saw a large, flurry creature standing over her. It was a werewolf, its eyes glowing menacingly in the darkness. Haley tried to back away, but the werewolf lunged at her, its sharp claws ready to strike.

In a panic, Haley searched for something, anything, to defend herself with. She found her mother's silver chain dangling from her neck and quickly pulled it out.The silver chain glinted in the moonlight as Haley held it up to the werewolf. The creature recoiled and let out a low growl. Haley heard her mom's voice in her head, reminding her of the protective properties of silver in order to fight against werewolves. She mustered up all her courage and yelled at the werewolf in her loudest voice. The werewolf hesitated for a second, confused by Haley's sudden display of bravery. That was the moment Haley seized to stand up and back away slowly.

The werewolf bared its teeth, ready to attack again, but Haley held out her silver chain and started chanting words that her mom had taught her. As she chanted, the werewolf started to shrink down in size. Its fur receded, and its teeth dulled until it was no longer a werewolf, but a normal wolf. The wolf kept whimpering as if it was in pain.

Haley, still chanting, approached the wolf and touched it with the silver chain. The wolf let out a final yelp before dissolving into thin air. Haley took a deep breath, relieved that the danger had passed. She looked up at the full moon in the sky and knew she could not take the forest route back home again, at least not when the moon was full. She decided to always wear the chain her mom had given her whenever she goes out alone at night.

Haley comes home shivering and panting to find her parents waiting for her. Upon seeing her in this state, they asked her what had happened. Haley told them everything that had happened that night - the attack of the werewolf, her bravery, and how she managed to defeat it using the silver chain and the chanting.

Haley's parents were astonished by their daughter's courage and quick thinking. They hugged her tightly, overwhelmed with relief that she had made it back home safe and sound. They listened intently to her story and commended her for her bravery.

Haley's dad inspected the silver chain she had used to defeat the werewolf and was impressed by its craftsmanship. He explained to her that it was a family heirloom passed down from generation to generation. It was blessed by their ancestors, who were known for their supernatural abilities to ward off evil spirits.

Haley was amazed to learn that she had inherited the same supernatural abilities from her family. She felt relieved knowing that she had this power to protect herself and those around her from any future dangers.

From that day forward, Haley promised to always carry the silver chain with her. She knew that she had a responsibility to protect others from any evil creatures that may exist beyond the safety of their town.

With a newfound confidence, Haley went to bed that night with a sense of pride and accomplishment. She had faced her fears and emerged victorious. She knew that she was capable of handling any challenges that may come her way in the future.

**Chapter 6: Chilseok Festival**

Haley was surprised to see her boss Lewis at the Chilseok festive as she hadn't expected to meet him there. She wondered if Lewis had planned to attend the festival or if it was just a coincidence. Regardless, she was excited to see him and experience the festival together.

As they wandered through the festival, Haley was struck by how much Lewis seemed to know about Korean culture and history. He was able to explain the significance and symbolism behind each of the activities and events they encountered, and Haley found it all incredibly fascinating.

Together, they tried different Korean delicacies and watched traditional performances and dances. One of the highlights was when Lewis encouraged Haley to try on a hanbok, which is the traditional Korean dress. Haley initially felt self-conscious, but once she put it on, she felt like a princess.

As the day turned into night, the festival became even more magical. Haley and Lewis sat together, watching the stunning fireworks display light up the sky. Haley couldn't help but feel grateful for her job and the opportunities it had given her, including the chance to experience something so special and unique.

As the festival came to a close, Haley and Lewis walked back to their hotel, both feeling exhausted but exhilarated by the experience. Haley realized that spending the day with Lewis had given her a new appreciation for Korean culture and history, and she was grateful for the chance to share it with someone who was so knowledgeable and passionate about it.

On the way to the hotel, they talked about the other things they wanted to do and see during their time in Korea. Haley was excited to have someone like Lewis to explore the country with, and she knew that this trip was going to be unforgettable.

As they approached the hotel, Haley couldn't shake the feeling of being watched. She turned around and saw a man who had been following them for a while. He appeared to be in his mid-30s and was wearing a baseball cap and sunglasses, despite the fact that it was already dark outside. Haley felt a prickle of fear run down her spine, followed by a surge of panic.

Haley immediately alerted Lewis about the stalker and they picked up their pace towards the hotel entrance. The stalker then quickened his pace too and started to follow them inside the hotel. Haley turned to look at him and noticed that he had a creepy smile on his face. She shuddered and told Lewis to walk faster. They were able to make it to the front desk without the stalker getting any closer to them. Haley quickly explained the situation to the receptionist, who called security and the police.

Haley and Lewis were taken to their room while the authorities searched for the stalker. Haley couldn't stop thinking about what could have happened if they were alone in the lobby. She felt grateful that they were able to get help in time.

As she sat on the bed beside Lewis, Haley's heart was still racing. She looked at him and saw that he had a worried expression on his face. She took his hand and squeezed it. "We're safe now," she said.

Lewis pulled her into a hug and they stayed that way for a while, trying to calm their nerves. After a few minutes, Lewis suggested they order some food and watch a movie to take their minds off the ordeal. Haley agreed and they spent the rest of the night snuggled up, feeling grateful to be safe and together.

After some time they spent watching movies and snuggling, Lewis turned to Haley and took a deep breath. "Haley, there's something I need to tell you," he said nervously.

Haley looked at him with a curious expression, sensing that something important was coming. "What is it?" she asked softly.

Lewis took another deep breath and looked into her eyes. "I don't know how to say this, but I've been feeling a certain way about you for a while now. And I just can't keep it to myself anymore."

Haley's heart was racing, unsure of what he was going to say next. She had always considered Lewis to be a close friend, but had never imagined there could be anything more between them.

Lewis took her hand in his and continued, "The truth is, Haley, I have feelings for you. I know we've been friends for a long time, but I've grown to care about you in a way that's more than just friendship. I don't expect you to feel the same way, but I needed to tell you how I feel."

Haley felt a mix of emotions as she listened to his words. She was surprised at his confession, but also touched by the sincerity in his tone. She took a deep breath before responding, not wanting to hurt his feelings.

"Lewis, I appreciate your honesty and I value our friendship so much. But I'm not sure that I feel the same way," she said gently.

Lewis looked disappointed, but he nodded understandingly. "I understand, Haley. I just had to tell you how I felt. I hope we can still be friends and that this doesn't change anything between us."

Haley smiled softly, feeling relieved that he had taken her response well. "Of course, Lewis. You're one of my closest friends and that won't change just because of this," she said, giving his hand a reassuring squeeze.

They sat in silence for a few moments, both processing the conversation they had just had. Despite the awkwardness of the moment, Haley was grateful that Lewis had shared his feelings with her. She knew it took a lot of courage to do so, and she respected him even more for it.

**Chapter 7: A Visit To India**

After some time had passed, Haley and Lewis's friendship had gone back to being as strong as ever. One day, Haley invited both Lewis and his mother to visit India with her. She had always wanted to show them her homeland and share with them the rich culture and history of the country.

Lewis and his mother were both excited at the prospect of visiting India, so they eagerly accepted her invitation. Haley spent months planning the trip, carefully selecting the cities and landmarks they would visit. She wanted to make sure that Lewis and his mother got to experience India to the fullest.

Finally, the day arrived, and the three of them boarded a plane to India. Haley could feel the excitement building up inside her as she realized that she was finally going to share her home with the people she loved.

They landed in Delhi and were immediately immersed in the chaos and beauty of the city. They visited the Red Fort and Jama Masjid, walked through the bustling streets of Chandni Chowk, and even tried their hand at bargaining with street vendors.

As they travelled through India, Lewis and his mother could see just how much the country meant to Haley. They listened to her stories and saw her face light up as she spoke about the traditions and cultures that made India so unique.

In Jaipur, they visited the Amber Fort, where Haley reminisced about the many school trips she had taken to the palace. She took them to the Hawa Mahal, where they marvelled at the intricate architecture and design.

In Agra, they visited the iconic Taj Mahal, and Lewis was blown away by its sheer beauty. "This is definitely one for the books," he exclaimed, as they posed for pictures in front of the monument.

As they travelled through India, Haley felt a sense of pride growing inside her. It was as if she was rediscovering her country and her culture through the eyes of her loved ones. She knew that this trip would be one that they would all remember for the rest of their lives.

As they boarded the plane back home, Haley felt a sense of contentment wash over her. She had shared a part of her identity with the people she loved most, and they had loved it just as much as she did.

Damon was stalking the whole day, which made him feel even more jealous and angry. One day, when Haley was alone, Damon approached her and cornered her.

"Why are you spending so much time with him?" Damon hissed, his voice laced with anger. "I thought you and I had something special. Why are you throwing it all away?"

Haley could feel the fear rising inside her. She had never seen Damon like this before, and she didn't know how to react. "Damon, please let me go," she pleaded. "You're scaring me."

Damon's grip tightened, and he leaned in closer. "You're going to stop seeing him, do you hear me?" he growled. "If you don't, you're going to regret it."

Haley felt tears welling up in her eyes. She didn't know what to do. She knew that Damon was capable of violence and that she needed to get away from him as soon as possible.

Just as Damon was about to say something else, Lewis and Haley's mother appeared out of nowhere. They had been looking for Haley, and when they saw her in distress, they rushed over to help her.

Damon quickly backed away, realizing that he was outnumbered. He slunk away, disappearing into the crowd.

Haley burst into tears, and Lewis held her close, reassuring her that she was safe. "I'm so sorry you had to go through that," he said softly. "We'll make sure he doesn't bother you again."

Haley nodded, feeling grateful to have Lewis and her mother by her side. She knew that she couldn't let Damon's threats stop her from enjoying her life and spending time with the people she loved.

As they spent more time together, Haley and Lewis began to realize that they had feelings for each other beyond friendship. They started dating and soon fell deeply in love. When Lewis proposed to Haley, he did it in the most romantic way possible - he presented her with a new fragrance that he had created specifically for her, called "Forever Love".

Haley accepted Lewis' proposal, and they became engaged. They decided to combine their passions for perfumes and business by starting their own perfume company together. They used their knowledge and experience to create unique and beautiful fragrances that quickly became popular with customers.

Their company became a huge success, with Haley handling the creative side of the business while Lewis managed the financial and operational aspects. They complemented each other perfectly, and their partnership proved to be a winning formula. Their perfumes were sold in high-end boutiques all over the world, and they became known as one of the most innovative and successful perfume companies in the industry.

Haley and Lewis' love for each other and their passion for perfumes had led them to a fulfilling and successful career. They had built a business that they were both proud of, and they knew that they would continue to work together to create even more beautiful fragrances in the future.

**Also by Jose Heavena Fernando**

**Book one: Extortioner**

Selene's path leads her to interact with mysterious humans and vampires. At the age of 23, she gets transformed into a vampire. Further, her journey takes a U-turn, when she meets a witch and becomes one of them. A crystal bracelet takes her to a parallel world.

**Book two: The Ultimate Guide To The Five Secrets You Will Never Know About Manifestation**

Manifestation can be simple yet effective in helping you acquire what you desire. It is about bringing tangible results into your life by experiencing what you want to feel and believing in that process so it becomes a reality. An abundance mind-set will help you manifest what you desire, but it starts with your belief that you are enough. It can be a feeling of confidence and security you have within you. A strong belief is needed to make you successful. Positive affirmations and higher vibrational frequencies go hand in hand with the manifestation process.

**Book three: Let Go Emotional Bonding**

Have you ever suffered badly after losing/quitting a job you loved? Or after a break-up with your partner? Or maybe after losing a good connection with a very much attached person? Attachment and suffering go hand in hand. What are you most afraid of in life? I asked a friend. Attachment, she answered.

We have come to a point where we rightly recognize attachment as the root cause of pain. But, as humans, letting go of attachment is nearly impossible as it feels like letting go of life itself.

**Book four: Break Free Karmic Bonds**

Is Your Love Life More Dramatic Than a 'Game of Thrones' Episode? Does it sound like you, then You Might Be in a Karmic Relationship. Do you have a hard time understanding your behaviour in your current or a past relationship? Are you, or the both of you, running into the same relationship patterns over and over again? Do you feel overwhelmed, stuck, and unable to get out of the current situation? Do you feel that your partner is drawing a lot of energy from you?

If your answer is Yes, then you are in a Karmic relationship.

"A karmic relationship feels laden with challenges mainly because there are major lessons to be learned".

**Book five: Ancient Healing**

In the ancient era the term "wellness" or the concept of luxury spa as we know it existed, was the idea of nurturing oneself that has been an integral part of many Asian cultures. They thrive to achieve sound mind, body and soul is an essential part of Asian life that is derived from bathing in mineral-filled onsens in Japan or slathering the skin with Ayurvedic oils customised to your doshas in India, as these traditional practices are reaching an even wider audience today.Being well delves into one of life's greatest pleasures; a day well spent rejuvenating the body and nourishing the spirit. Humans have practised self-care for centuries-in the sweat lodges of the American Southwest, Roman baths, the hammams of the Ottoman Empire, Japanese onsens, and Finnish saunas.

**Book six: Parallelos**

Almost 13.7 billion years ago, Cosmos was an infinitesimal singularity. Based on the Big Bang theory, some unknown trigger expanded to inflate the three-dimensional space. As the immense energy of this initial expansion cooled, light began to shine through. Eventually, the small particles (molecules/atoms) began to form into the larger pieces of matter (energy) inclining towards quantum entanglement forming the galaxies, stars and planets.

One questionable aspect revives whether any parallel universe exists?

With our current technology, we are only limited to observations within this universe because the universe appears to be curved and we are dwelling inside the fishbowl, unable to see the outer realms.

Is our universe unique?

The answer could be other universes exist besides our very own, where all the choices you made in this lifetime played out in alternate realities. The concept imparts a "parallel universe," and is a facet of the astronomical theory of the multiverse.

**Book seven: Oesophageal Cancer**

Oesophageal cancer is a relatively rare and lethal disease, the seventh leading cause of cancer worldwide. Many of the antioxidant enzymes are polymorphic, and they alter enzyme activity. The Catalase activity was higher in patients with oesophageal cancer than in the controls.

**Book eight: Diabetes Mellitus: Gene polymorphism and total antioxidant status in type 2 diabetes**

Diabetes mellitus is a chronic disorder characterized by impaired metabolism of glucose and lipids due to defects in insulin secretion action. The characteristic properties of diabetes mellitus are chronic hyperglycemia that leads to microvascular and microvascular complications. Oxidative stress is implicated in the pathogenesis of type 2 diabetes. It has been suggested that the single-nucleotide polymorphism in the Glutathione S-transferase gene in exon 5 decreases the enzyme activity.

**Book nine: What Science Says About HIV and PCR: Molecular detection and analysis of HIV-1 proviral DNA using Real time-PCR**

HIV is assumed to have originated from non-human primates in sub-Saharan Africa. The virus was transmitted to humans in the 20th century. AIDS was clinically observed in 1980 and 1981.

HIV-1 and HIV-2 are viruses that have originated in west-central Africa. Further, it was transferred from non-human primates to humans.

**Book ten: Life Of Deckhands: A story about ego clashes in nautical fiction**

It all started, like, I can tell you a story from my last ship. Do you know about deckhands? If you know, then great. If not, read this book to explore the story of Captain Jack and Boson Edward while travelling on the Pacific waters.

The sea voyage is full of enthralling events about fighting, revenge, and pirate theft. It makes me sad to know the difficulties our sailors face on deck. You can hold my hand and take this adventurous sea trip with me.

**Book eleven: Blood Moon: A tale of vampires and love**

Alexander had always been a loner, preferring the company of the night and the shadows rather than the bustling life of humans. He had seen too many human civilizations rise and fall, too many wars and too much bloodshed. He had grown more and more disillusioned with humanity as the years passed by.

So he retreated to the forests, far from human settlements, and lived in solitude for centuries.

Living alone had its own challenges, but Alexander had learned to embrace them. He had grown adept at hunting and surviving in the wilderness, and he relished the peace and quiet that came with solitude.

One night, as Alexander was hunting for his next meal, he came across a young man named Jack who was lost in the forest. Alexander could see that Jack was tired, hungry, and scared. However, Alexander's solitary life was about to change when he stumbled upon Jack, a young man who had been wandering aimlessly in the woods. Jack was lost, cold, and hungry, and Alexander took pity on him.

As Alexander nursed Jack back to health, he realized that he felt a connection with the younger man. Jack's determination and resilience intrigued Alexander, and he began to see something in him he hadn't seen in centuries.

One night, while they were sitting around the campfire, Alexander made a decision that would change both of their lives forever. With a simple bite to Jack's neck, Alexander turned him into a vampire.

**Book eleven: The Holistic Life: A Comprehensive Guide to Health and Well-Being**

A holistic approach to self-help encompasses multiple aspects of one's life and well-being. Some potential topics for holistic practices could include:

1. Mindfulness and meditation practices: Mindfulness and meditation techniques can help individuals become more aware of their thoughts, emotions, and behaviors, and develop greater mental clarity and focus.

2. Nutrition and diet: The food we eat has a significant impact on our physical and mental health. A holistic approach could cover healthy eating habits, meal planning, and how to incorporate more whole foods into one's diet.

3. Exercise and movement: Physical activity is essential for maintaining good health and well-being. We cover topics like exercise routines, yoga practices, and ways to incorporate more movement into one's daily life.

4. Stress management techniques: Stress is a common issue that affects many people's lives. We cover techniques for managing stress, such as deep breathing, progressive muscle relaxation, and visualization.

5. Self-care practices: Taking care of oneself is essential for maintaining good health and well-being. Our book covers topics like self-care routines, sleep hygiene, and relaxation techniques.

6. Mind-body connection: The mind and body are interconnected, and a holistic approach could explore how thoughts, emotions, and beliefs can impact physical health and well-being.

7. Spirituality and personal growth: We can explore topics related to spirituality and personal growth, such as finding one's purpose in life, developing a sense of meaning and fulfilment, and connecting with a higher power or sense of spirituality.

**About the Author**

Jose Heavena Fernando is a content writer by profession. She resides in India with her family and desires to become a renowned international author. She has a master's in biotechnology. Her passion is to read, write, and work every day. She has published twelve perfect books on Kindle Direct Publishing. Some of her best-selling books are Extortioner, Let Go Emotional Bonding, and Break Free Karmic Bonds.