

# Birth Plan

## Contact Info.

Mom: Andromeda Barnette (276) 337-4090

Dad: Connor Barnette (276) 393-9706

Provider: State of Franklin (423) 794-1300

## Please note:

Rhogam shot given 06-06-24

I have Scoliosis (for epidural)

## Delivery:

- Planned vaginal birth with epidural
- avoid forceps, vacuum, & episiotomy if possible
- C-section preferred in an emergency in place of forceps or vacuum, if possible.
- Continuous fetal monitoring
- I want Connor present the entire time

## After Delivery:

- baby placed on chest as soon as possible
- delayed cord clamping + allow Connor to cut the cord.
- visitors allowed after skin to skin with both myself + Connor
- I would like to exclusively breastfeed + bottle feed w/ breast milk if possible
- baby's medical exams done in my presence, or for Connor to be present if she must be taken from the room.
- first bath given in our presence